

Thank you for purchasing our product.
Before using this watch, read this instruction manual carefully to ensure correct use. After reading this manual, store it in a safe place for future reference.

■ Safety precautions (Instructions to be followed at all times)

This manual contains the following the instructions that should be strictly followed at all times to prevent injury to yourself and other persons as well as damage to property.

■ Injuries and damages which might be caused by using the watch improperly, neglecting any of the instructions or precautions contained in this manual are classified with the following symbols.

 **WARNING** Can cause serious injury or death

 **CAUTION** Can or will cause minor or moderate injury or damage

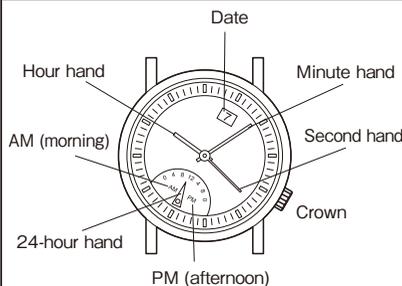
■ Important instructions that should be followed are classified with the following symbols.

 Warning (caution) symbol followed by instructions that should be followed or precautions that you should be observed.

■ Features

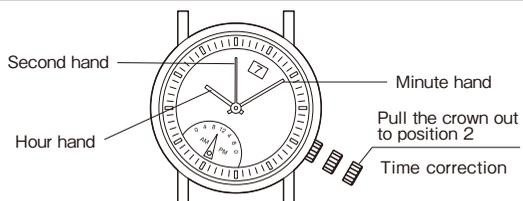
This watch is an analog watch equipped with features including a large, easy-to-read big-date display and a fan-shaped 24-hour time display.

■ Names of Components



※ The illustrations in this instruction manual may differ from the actual appearance of your watch.

■ Setting the time



※ If the crown is a screw-lock type, loosen the screw before operating the crown. When operations have been completed, retighten the screw.

※ For accurate setting of the time
• Set in the time order of second hand, hour hand, minute hand, 24-hour hand.

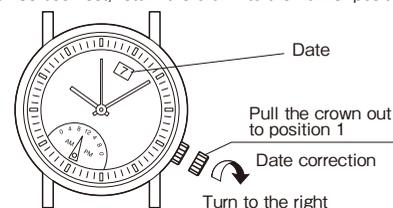
- (1) Pull the crown out to position 2 when the second hand has reached the 0 seconds position.
- (2) Turn the crown to set the time. The date changes when the time is about 2:00 AM. Do not confuse AM and PM when setting the time.
- (3) Securely return the crown to the normal position in synchronization with a telephone or other time service. The second hand will start moving and the watch will begin to keep accurate time.
- (4) Pull the crown out to position 1, turn to the left to set the time.
- (5) Return the crown to the normal position.

[Note]

• For even more accurate setting of the time, turn the minute hand 4-5 minutes past the correct time, and then turn it back to the correct time.

■ Setting the Date

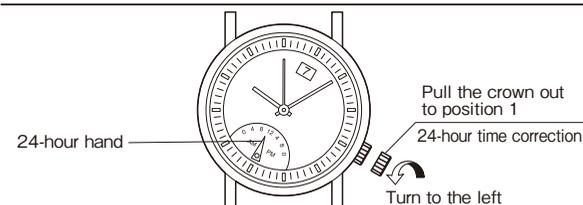
- (1) Pull the crown out to position 1.
- (2) Turn the crown to the right to set the date. Turning the crown to the left enables correction of the 24-hour hand.
- (3) When the date has been set, return the crown to the normal position.



[Notes]

- If the date is set while the time on the watch is between the hours of about 11:00 PM and 2:00 AM, the date may not change on the following day. If this happens, set the date after temporarily moving the hands to a time other than between the above times.
- The date is based on a 31-day calendar. The crown must be used to change the date from the last day of the month to the first day of the following month for shorter months (months having 30 days and February).

■ Using the Dual Time Function



The 24-hour hand enables the setting of the time for another time zone. The 24-hour time setting can be made in 1-hour increments to enable use of the dual time function.

- (1) Pull the crown out to position 1.
- (2) Turn the crown to the left to set the 24-hour hand to a time in another time zone. Turning the crown to the right enables correction of the date.
- (3) When the setting has been completed, return the crown to its normal position.
 - The minute display position of the 24-hour hand stops at a position that is linked to the minute hand.
 - Please use the dual time function as a general reference only.

■ Precautionary items and usage limitations

⚠ WARNING Water Resistance

- Non-water resistant watches cannot be used underwater or in environments in contact with water.
- Water-resistance for daily use (to 3 atmospheres) means that the watch may be worn while washing your face or in the rain, but is not to be immersed in water.
- Upgraded water-resistance for daily use (to 5 atmospheres) means that the watch may be worn while swimming, but is not to worn while skin diving.
- Upgraded water-resistance for daily use (to 10/20 atmospheres) means that the watch may be worn while skin diving, but not while scuba or saturated diving using helium gas.

Water Resistance:

Refer to the watch dial and the case back for the indication of the water resistance of your watch. The following chart provides examples of use for reference to ensure that your watch is used properly. (The unit "1bar" is roughly equal to 1 atmosphere.)

Name	Indication		Specification	Water-related use				
	Watch dial and Case back			When water is simply splashed onto the watch (washing your face or in the rain)	Swimming and general washing work (kitchen work/swimming, etc)	Water sport and skin diving (without air tank)	Scuba diving (with air tank)	Pulling out the crown when the watch is wet
Non-water-resistant watch	No indication		Non-water-resistant	×	×	×	×	×
Everyday-use water-resistant watch	WATER RESIST(ANT)		Water-resistant to 3 atmospheres	○	×	×	×	×
Upgraded everyday-use water-resistant watch	WATER RESIST(ANT) 5bar		Water-resistant to 5 atmospheres	○	○	×	×	×
Upgraded everyday-use water-resistant watch	WATER RESIST(ANT) 10/20bar		Water-resistant to 10 or 20 atmospheres	○	○	○	×	×

* WATER RESIST(ANT) × × bar may also be indicated as W.R. × × bar.

⚠ CAUTION

- Always use the watch with the crown pushed in (normal position). If the crown is of the screw lock-type, make sure it is securely locked.
- Do NOT operate the crown when the watch is wet. Water may penetrate into the watch, causing deterioration of water resistance.
- The durability of a leather band may be affected when wet, owing to the properties of the material. In the case of a watch of upgraded water resistance for daily use that is frequently used in water, fading, peeling of adhesive or other problems may occur. It is therefore recommended to use another type of band (metal or rubber watchband).
- If a watch of upgraded water resistance for daily use is immersed in sea water or subjected to excessive perspiration, thoroughly rinse with fresh water and wipe completely dry with a soft cloth.
- If water enters the watch or the watch fogs up and does not clear up even after a long time, consult your dealer or Citizen Consumer help desk, your nearest Customer Support Center for inspection and/or repair.
- If seawater enters the watch, place the watch in a box or plastic bag and immediately take it in for repair. Otherwise, pressure inside the watch will increase, and parts (crystal, crown, buttons, etc.) may come off.

⚠ CAUTION Always keep your Watch Clean

- Small amounts of dirt may become trapped in the tiny gap between the crown and case, making it difficult to pull out the crown. It is recommended to occasionally turn the crown in its normal position to remove any dirt.
- The case and band of the watch come into direct contact with the skin in the same manner as undergarments. Corrosion of the metal or unnoticed soiling such as that caused by perspiration and dirt can soil sleeves and other portions of clothing. Keep your watch clean at all times.
- Wearing this watch may cause itching or rash if you have sensitive skin or certain physical conditions. If you think there is something wrong, discontinue wearing the watch immediately and consult your physician.

Possible causes of rashes include:

1. Allergy to certain metals or leather
 2. Rush, dirt or perspiration present on the watch's body and band
- Leather bands may become discolored by perspiration or dirt. Always keep your leather band clean by wiping with a dry cloth.
 - Do NOT wear the band too tightly. Try to leave enough space between the band and your skin to allow adequate ventilation.

<Caring for your Watch>

- Wipe any dirt or moisture such as perspiration from the case and crystal with a soft cloth.
- Remove any dirt from a leather band with a dry cloth.
- For a metallic, plastic or rubber watchband, wash any dirt off with water. Remove the small amounts of dirt trapped between the crevices of the metallic band with a soft brush.
- Do NOT use solvents (such as paint thinner or benzene) for cleaning, since they may mar the surface of the band.

⚠ CAUTION When Wearing your Watch

- Be particularly careful when wearing your watch while holding a small child, to avoid injury.
- Be particularly careful when engaged in strenuous exercise or work, to avoid injury to yourself and others.
- Do NOT wear your watch while in a sauna or other location where your watch may become excessively hot, since there is the risk of burns.
- The rubber (urethane) band may be stained by dyes or soil present in or on clothing or other accessories. Since these stains may not be able to be removed, caution is required when wearing your watch with articles that tend to easily transfer color (articles of clothing, purses, etc.).

⚠ CAUTION Handling the Band (Putting on and Taking off Band)

- Be careful when putting on and taking off your watch, since there is a risk of damaging your fingernails, depending on the manner in which the band is fastened.

<About luminous paint>

- The paint on the dial and hands helps you with reading the time in a dark place. The luminous paint stores light (daylight or artificial light) and glows in a dark place.
- It is free from any radioactive substance or any other material harmful to a human body or environment.
- The light emission gradually becomes weaker as time passes.
- The duration of the light ("glow") will vary depending on the brightness, types of and distance from a light source, exposure time, and the amount of the paint.
- The paint may not glow and/or may dissipate quickly if exposure to light was not sufficient.

<Temperature>

- The function of the watch may be impaired or the watch may even stop if the ambient temperature is outside the range of -10°C to $+60^{\circ}\text{C}$.
- If the watch is left for an extended period of time at temperatures outside the normal range ($+5^{\circ}\text{C}$ to $+35^{\circ}\text{C}$), fluid may leak from the battery resulting in a considerable shortening of battery life.

<Magnetism>

- Analog quartz watches are powered by a step motor that uses a magnet. Subjecting the watch to strong magnetism from the outside can cause the motor to operate improperly and prevent the watch from indicating the correct time. Do not allow the watch to come into close proximity to magnetic health devices (magnetic necklaces, magnetic elastic bands, etc.) or the magnets used in the latches of refrigerator doors, clasps used in handbags, the speaker of a cell phone, electromagnetic cooking devices and so on.

<Static Electricity>

- The integrated circuits used in the watch are sensitive to static electricity. If exposed to intense static electricity, the watch's display may become incorrect.

<Strong Shock>

- Avoid dropping the watch or subjecting it to other strong impact.

<Chemicals, Corrosive Gasses and Mercury>

- If paint thinner, benzene or other solvents or products containing these solvents (including gasoline, nail-polish remover, cresol, bathroom cleaners and adhesives) are allowed to come into contact with the watch, the may discolor, dissolve or crack the materials. Be careful when handling these chemicals. Contact with mercury such as that used in thermometers may also cause discoloration of the band and case.

<Storage>

- If you will not be using your watch for an extended period of time, carefully wipe off any perspiration, dirt or moisture and store in a proper location, avoiding locations subject to excessively high or low temperatures and high humidity. Do NOT leave a depleted battery in the watch for a long time. Be sure to replace it with new one. If battery fluid leaks out, it is likely to damage the watch.

⚠ WARNING Handling of the Batteries

- Keep the battery out of reach of small children.
- In the event a battery is swallowed, immediately consult a physician.

⚠ CAUTION Battery Replacement

- If a depleted battery is left in your watch, damage may be caused by leakage of battery fluid. Be sure to replace the battery promptly.
- Always be sure to select a battery of the correct specifications when replacing the battery.

■ Specifications

1. Model:GD0※
2. Type:Analog quartz watch
3. Timekeeping accuracy: Within ± 20 seconds per month on average (when worn at normal temperatures between $+5^{\circ}\text{C}$ ~ $+35^{\circ}\text{C}$)
4. Operating temperature range: -10°C ~ $+60^{\circ}\text{C}$
5. Display functions: Time: 24 hours, hours, minutes, seconds Calendar: Date
6. Additional function: Quick date correction function
7. Battery: Miniature silver battery, 1
 - Battery part no.: 280-31 (SR920SW)
 - Battery life: Approx. 3 years

※ In the interest of product improvement, specifications are subject to change without notice.

■ Helpful Hints

If there is a discrepancy between the 24-hour hand and the hour hand

- If you pulled the crown out to position 2 and turned it in the opposite direction (counterclockwise) when you set the time or moved the hands during a date setting operation, the 24-hour hand stops at the 0:00 position when the time goes past 0:00 AM. If this is the case, pull the crown out to position 1 and turn it to the left until the 24-hour hand matches the time indicated by the hour hand.

If, however, the dual time function setting has been made, allow for the time difference when resetting the time.

The date changes at about 2:00 PM

- An error was made in the selection of the 12-hour time period (AM/PM) when the time was corrected.
- (Refer to the "Setting the Time" section and reset the time to the correct time.)

■ Warranty and service

1. Free Guarantee

In the case a malfunction has occurred during the course of normal use while the watch is still under warranty, the watch will be repaired free of charge in accordance with the conditions of the warranty included with this manual.

2. Repair support period

Citizen undertakes to support product repairs for a period of seven years. However, when an external part such as the case, glass, dial, one of the hands, or the crown or band is damaged, there may be instances when a replacement part with a slightly different appearance may be used. We ask for your understanding.

3. Repair Period

Repairs can be performed on your watch within the repair parts stock period even after the free guarantee has expired. However, you will be charged for these repairs. Please take the watch to the shop where you purchased it and ask whether it can be repaired because the repair period varies according to the conditions of use, environment and so forth. Moreover, there are cases in which it is difficult to restore the watch to its original accuracy when decreased accuracy has resulted from long-time use.

4. Change of Address or Receiving as a Gift

In the event that you have received your watch as a gift, and are not able to bring your watch to the shop where it was purchased for servicing, please consult Citizen Consumer help desk or Customer Support Center.

5. Periodic Inspection (charge basis)

You should have your watch inspected (charge basis) every 2-3 years to extend its life and ensure safety. When replacing parts, always make sure to request genuine parts. When it becomes necessary to replace packings and springs, it may sometimes also be necessary to inspect other parts or to make repairs in addition to replacing the parts. Please ask for more detailed information on repair or replacement expenses at the shop where you purchased your watch or Citizen Consumer help desk, Customer Support Center.

6. Batteries

The battery was installed in your watch at factory is a monitor-use battery which monitors the functions and special features of your watch. You should keep in mind that the life of your battery could be shorter than the specified period is up.

• Even in the event that the battery runs out before the time specified in the guarantee, there will be a fee for replacing the battery.

7. Other Inquiries

If you have any questions regarding the way warranty, repairs or other matters, please inquire at the shop where you purchased your watch or Citizen Consumer help desk, Customer Support Center.

■ Memo